

## PEG 3-item pain scale

<b>1. What number best describes your <u>pain on average</u> in the past week:</b>											
0	1	2	3	4	5	6	7	8	9	10	
No pain						Pain as bad as you can imagine					
<b>2. What number best describes how, during the past week, pain has interfered with your <u>enjoyment of life</u>?</b>											
0	1	2	3	4	5	6	7	8	9	10	
Does not interfere						Completely interferes					
<b>3. What number best describes how, during the past week, pain has interfered with your <u>general activity</u>?</b>											
0	1	2	3	4	5	6	7	8	9	10	
Does not interfere						Completely interferes					

### Interview version:

1. What number best describes your pain on average in the past week, on a scale from 0 to 10 where 0 is “no pain” and 10 is “pain as bad as you can imagine”? [0 to 10]

The following two questions ask you to describe how, during the past week, pain has interfered with your life on a “0 to 10” scale, where 0 is “does not interfere at all” and 10 is “completely interferes.”

2. What number best describes how, during the past week, pain has interfered with your enjoyment of life? [0 to 10]

3. What number best describes how, during the past week, pain has interfered with your general activity? [0 to 10]

**Scoring:** The PEG score is the average of the 3 individual item scores. For clinical use, round to the nearest whole number.

**The PEG is freely available in the public domain. Publications and reports should cite the original publication:** Krebs EE, Lorenz KA, Bair MJ, Damush TA, Wu J, Sutherland JM, Asch SM, Kroenke K. Development and initial validation of the PEG, a 3-item scale assessing pain intensity and interference. *Journal of General Internal Medicine*. 2009 Jun;24:733-738.