PEG 3-item pain scale

1. What number best describes your pain on average in the past week:

   0 1 2 3 4 5 6 7 8 9 10

   No pain                             Pain as bad as you can imagine

2. What number best describes how, during the past week, pain has interfered with your enjoyment of life?

   0 1 2 3 4 5 6 7 8 9 10

   Does not interfere                  Completely interferes

3. What number best describes how, during the past week, pain has interfered with your general activity?

   0 1 2 3 4 5 6 7 8 9 10

   Does not interfere                  Completely interferes

Interview version:
1. What number best describes your pain on average in the past week, on a scale from 0 to 10 where 0 is “no pain” and 10 is “pain as bad as you can imagine”? [0 to 10]

The following two questions ask you to describe how, during the past week, pain has interfered with your life on a “0 to 10” scale, where 0 is “does not interfere at all” and 10 is “completely interferes.”

2. What number best describes how, during the past week, pain has interfered with your enjoyment of life? [0 to 10]

3. What number best describes how, during the past week, pain has interfered with your general activity? [0 to 10]

Scoring: The PEG score is the average of the 3 individual item scores. For clinical use, round to the nearest whole number.

The PEG is freely available in the public domain. Publications and reports should cite the original publication: Krebs EE, Lorenz KA, Bair MJ, Damush TA, Wu J, Sutherland JM, Asch SM, Kroenke K. Development and initial validation of the PEG, a 3-item scale assessing pain intensity and interference. Journal of General Internal Medicine. 2009 Jun;24:733-738.